

2021 Lynx (Hawks Too) Cross Country Schedule

Month	Monday	Tuesday	Wednesday	Thursday	Friday
August	30 3:15 - 4:15 Practice	31 3:15 - 4:15 Practice			
September			1 3:15 - 4:15 Practice	2 3:15 - 4:15 Practice Timed Run	3 3:15 - 4:15 Practice
	6 3:15 - 4:15 Practice	7 3:15 - 4:15 Practice	8 3:15 - 4:15 Practice	9 3:15 - 4:15 Practice	10 3:15 - 4:15 Practice
	13 3:15 - 4:15 Practice	14 3:15 - 4:15 Practice	15 No Practice	16 Meet at LCS Girls First 4:00	17 3:15 - 4:15 Practice
	20 3:15 - 4:15 Practice	21 3:15 - 4:15 Practice	22 Meet at Medomak Boys first 4:00	23 3:15 - 4:15 Practice	24 3:15 - 4:15 Practice
	27 3:15 - 4:15 Practice	28 3:15 - 4:15 Practice	29 3:15 - 4:15 Practice	30 Home Meet Girls first 4:00	3:15 - 4:15 Practice
October					1 3:15 - 4:15 Practice
	4 3:15 - 4:15 Practice	5 3:15 - 4:15 Practice	6 No Practice	7 Meet at Searsport Boys First 4:00	8 No Practice
	11 No Practice	12 3:15 - 4:15 Practice	13 3:15 - 4:15 Practice	14 Meet at Troy Howard Girls first 4:00	15 3:15 - 4:15 Practice
	18 3:15 - 4:15 Practice	19 3:15 - 4:15 Practice	20 3:15 - 4:15 Practice	21 Championship Meet at Medomak Middle School	22